

Dr. Tayseer Elias Shawash, Ph.D.

Major General (Ret.), Consultant Clinical Psychologist

Dr. Tayseer Shawash is a distinguished consultant clinical psychologist with over five decades of dedicated service in both military and civilian sectors. His career is marked by exemplary leadership, innovation in mental health care, and an unwavering commitment to the psychological well-being of both service members and the general population.

Beginning his career in the Royal Medical armed forces, Dr. Shawash rose through the ranks to the esteemed position of Major General—one of the few clinical psychologists to achieve such a high military rank. Throughout his military tenure, he played a pivotal role in developing and implementing mental health programs targeting combat stress, PTSD, and psychological resilience among troops. He held several key leadership roles within the military medical corps and was consistently relied upon for his expertise during critical times of conflict and national crisis.

Notably, Dr. Shawash served as the Primary Advisor to the Jordanian Special Operations Corps, where he was responsible for psychological assessment, selection procedures, direct psychological intervention programs, and conducting research. His work contributed significantly to enhancing the operational readiness and mental fitness of elite military units.

Dr. Shawash is licensed by the Jordanian Ministry of Health and is a certified Cognitive Behavioral Therapist (CBT) and trainer.

Following his retirement from the military, Dr. Shawash transitioned into the civilian healthcare sector, where he assumed the role of Director at Al Rashid Hospital—one of the region's leading institutions in behavioral health. Under his leadership, the hospital expanded its psychological services, introduced advanced trauma recovery programs, and became a benchmark for integrated, multidisciplinary mental health care.

A passionate advocate for mental health awareness, Dr. Shawash has worked tirelessly to reduce stigma and improve access to quality psychological care. He has authored numerous research in the fields of military psychology, trauma, and healthcare leadership. In addition, he continues to supervise and mentor emerging clinical psychologists at his private center (Al Murad), passing on a legacy of excellence, professionalism, and compassion.

Today, Dr. Shawash remains an influential figure in shaping mental health policy and clinical practice in the region. He is a sought-after speaker at national conferences and serves as a trusted advisor to governmental bodies and healthcare organizations alike.